

**DIETICIANS
TOP PICK**

**KEYS TO BETTER HEALTH
ATTRIBUTE SHOPPING LIST**

Brand Code	Heath Attribute	Product Name	Retail Upc
AL DENTE	Dietitian Top Pick	LW CARB EGG FETT	081475405569
AMYS KITCHEN	Dietitian Top Pick	MEXICAN TAMALES PIE	042272000227
AMYS KITCHEN	Dietitian Top Pick	ENCHILADA BLACK BEAN VEGETARIAN OG3 GF	042272000814
AMYS KITCHEN	Dietitian Top Pick	BROWN RICE VEG BWL	042272001613
AMYS KITCHEN	Dietitian Top Pick	BLACK BEAN VEG ORGANIC	042272005048
AMYS KITCHEN	Dietitian Top Pick	CHILI MED VEG OG	042272005116
AMYS KITCHEN	Dietitian Top Pick	BLCK BN CHILI OG2	042272005307
AMYS KITCHEN	Dietitian Top Pick	LENTIL VEG SP OG	042272005352
ANNIES HOMEGROWN	Dietitian Top Pick	HONEY BUNNY GRAHAMS CKY	013562000159
ARMOUR	Dietitian Top Pick	*R* GOLDEN FLAX SEED OG	074333476856
ARROWHEAD MILLS	Dietitian Top Pick	OAT BRAN FLAKES	074333374909
ARROWHEAD MILLS	Dietitian Top Pick	QUINOA OG2	074333476672
BARE FRUIT	Dietitian Top Pick	APPLE GRNY OG	013971000016
BARE FRUIT	Dietitian Top Pick	OG DRIED FUJI	013971000023
BARILLA	Dietitian Top Pick	WHOLE GRAIN MEDIUM SHELLS	076808000283
BARILLA	Dietitian Top Pick	WHOLE GRAIN ELBOWS	076808002164
BARILLA	Dietitian Top Pick	WHOLE GRAIN PENNE	076808533286
BARILLA	Dietitian Top Pick	BARILLA PLUS PENNE	076808533606
BARILLA	Dietitian Top Pick	MARINARA TRADITIONAL	706010112923
BEANITOS	Dietitian Top Pick	PINTO BEAN SEASALT CHIPS	852834002015
BEAR NAKED	Dietitian Top Pick	LW SGR VANILLA CRUNCH	856416000710
BELVITA	Dietitian Top Pick	BREAKFAST BISCUIT GOLDEN OAT	044000028275
BELVITA	Dietitian Top Pick	BREAKFAST BISCUIT BLUEBERRY	044000028299
BIRDSEYE	Dietitian Top Pick	CHOPPED SPINACH	014500001900
BIRDSEYE	Dietitian Top Pick	STEAMFRESH MIXED VEGETABLES	014500011282
BIRDSEYE	Dietitian Top Pick	ASPARAGUS, CORN & CARROTS	014500011343
BLUE BELL	Dietitian Top Pick	SF BULLETS	071899003625
BLUE BELL	Dietitian Top Pick	BLUEBELL NO SUGAR ADDED PT	071899321019
BLUE BUNNY	Dietitian Top Pick	*Z*BB SWT FRDM FUDGE LT 800134	070640313808
BLUE DIAMOND	Dietitian Top Pick	WHOLE NATURAL ALMOND	041570003831
BOARS HEAD	Dietitian Top Pick	PS HONEY SMOKED TURKEY	042421500240
BOARS HEAD	Dietitian Top Pick	PS SMOKED HAM	042421500264
BOBS RED MILL	Dietitian Top Pick	QUINOA GRN GF WF OG1	039978003232
BOBS RED MILL	Dietitian Top Pick	MUESLI CEREAL	039978501035
BOCA	Dietitian Top Pick	VEGAN BURGER	759283334455
BOLTHOUSE	Dietitian Top Pick	GRN GOODNESS 15.2Z	071464240400
BOLTHOUSE	Dietitian Top Pick	VANILLA CHAI TEA 1L	071464260606
BOLTHOUSE	Dietitian Top Pick	STRAW/BAN JCE 1L	071464270605
BOLTHOUSE	Dietitian Top Pick	BLUE GOODNESS 450ML	071464301507
BOLTHOUSE	Dietitian Top Pick	C'BOOST TROPICAL	071464302504
BORDEN	Dietitian Top Pick	COTTAGE CHEESE FAT FREE	014000005880
BORDEN	Dietitian Top Pick	VIVA 2% COTTAGE CHSE	014000008171
BREAKSTONE	Dietitian Top Pick	2% SMALL CURD	021000123544
BREAKSTONE	Dietitian Top Pick	2% SM CURD 4 PACK	021000123827
BREYERS	Dietitian Top Pick	NSA VANILLA	077567281906
BREYERS	Dietitian Top Pick	SMART CARB VANILLA ICE CREAM	077567283238
BUSHS	Dietitian Top Pick	RED SOD PINTO BEANS	039400018070
BUSHS	Dietitian Top Pick	REDUCED SODIUM BLACK BEAN	039400018834
CAMPBELLS	Dietitian Top Pick	CREAMY CHICKN SOUP AT HAND	051000137371
CAMPBELLS	Dietitian Top Pick	LOW SODIUM TOMATO JUICE PET	051000147561
CENTO	Dietitian Top Pick	SAN MARZANO TOMATO	070796400087
CHICKEN OF THE SEA	Dietitian Top Pick	SKINLESS, BONELESS PINK SALMON	048000000866
CHICKEN OF THE SEA	Dietitian Top Pick	LOW SODIUM CHUNK WHITE TUNA IN WATER	048000001450
CHICKEN OF THE SEA	Dietitian Top Pick	CHUNK LIGHT TUNA IN OIL	048000001955
CHICKEN OF THE SEA	Dietitian Top Pick	NO DRAIN WHITE ALBACORE	048000200006



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Brand Code	Heath Attribute	Product Name	Retail Upc
CLIF	Dietitian Top Pick	BLUEBERRY BAR	72252102607
DANNON	Dietitian Top Pick	ACTIVIA LIGHT STRWBRY YOGURT 4PACK	036632026309
DANNON	Dietitian Top Pick	ACTIVIA LIGHT VANILLA YOGURT 4PACK	036632026316
DANNON	Dietitian Top Pick	ACTIVIA LIGHT PEACH YOGURT 4PACK	036632026330
DANNON	Dietitian Top Pick	LIGHT & FIT BLUEBERRY YOGURT 4PACK	036632027238
DEL MONTE	Dietitian Top Pick	CUT GREEN BEANS NO SALT	024000000877
DEL MONTE	Dietitian Top Pick	WHOLE KERNAL CORN NO SALT	024000000952
DEL MONTE	Dietitian Top Pick	EG SWEET PEAS NO SALT	024000001423
DEL MONTE	Dietitian Top Pick	SPINACH	024000014904
DEL MONTE	Dietitian Top Pick	LEAF SPINACH NO SALT	024000163183
DELALLO	Dietitian Top Pick	OG WHOLE WHEAT SHELLS #91	072368508603
DOLE	Dietitian Top Pick	FRUIT SMOOTHIE MIXED BERRY SHAKERS	071202004004
DOLE	Dietitian Top Pick	PITTED DATES	075700045002
DOLE	Dietitian Top Pick	DOLE FRT SMTHIE STWBRY/BAN	071202006008
DR KRACKER	Dietitian Top Pick	KLASSIC 3 SEED FLATBREAD	895538000017
DREYERS	Dietitian Top Pick	DRYRD FRUIT BAR NSA VARIETY	041548608105
EDEN	Dietitian Top Pick	WHITE KIDNEY BEANS	024182002560
EGGLAND	Dietitian Top Pick	LARGE CAGE FREE BROWN EGGS	715141514643
EGGLAND	Dietitian Top Pick	EXTRA LARGE EGGS	715141729283
EGGO	Dietitian Top Pick	WHOLE WHEAT WAFFLES 10 COUNT	038000403705
EGGO	Dietitian Top Pick	*Z*NG WHEAT WAFFLES 921069	038000485848
EMERALD	Dietitian Top Pick	*Z*CINNAMON ROASTED ALMONDS	010300303015
EMERALD	Dietitian Top Pick	COCOA ROASTED ALMONDS 100CAL 7 COUNT	010300843252
EMERALD	Dietitian Top Pick	*Z*COCO ROASTED ALMONDS	010300863014
FAGE	Dietitian Top Pick	FAT FREE YOGURT	689544080008
FIBER ONE	Dietitian Top Pick	FIBER ONE TWIN POUCH	016000275058
FLORIDAS NATURAL	Dietitian Top Pick	HOME SQUEZED ORANGE JUICE WITH CALCIUM & VITAMIN D	016300165660
FLORIDAS NATURAL	Dietitian Top Pick	ORANGE JUICE WITH CALCIUM & VITAMIN D	016300165677
FOOD CLUB	Dietitian Top Pick	*Z*BITE SIZE SHREADEDED WHEAT 310100	036800149700
FOOD CLUB	Dietitian Top Pick	*Z*FC LG BRWN RICE 460962	036800137042
FOOD CLUB	Dietitian Top Pick	*Z*FC STMN MIX VEG 941218	036800152724
FOOD CLUB	Dietitian Top Pick	*Z*FC STMIN EASY FLOR 941340	036800152762
FOOD CLUB	Dietitian Top Pick	*Z*FC STMIN CALF STYL 941341	036800152786
FOOD CLUB	Dietitian Top Pick	*Z*FC STM FRCH GRN BNS 941339	036800154131
FOOD CLUB	Dietitian Top Pick	*Z*FC CHPD SPINACH 941066	036800173064
FOOD CLUB	Dietitian Top Pick	*Z*FC VEG BEEF SOUP 136576	036800182158
FOOD CLUB	Dietitian Top Pick	*Z*FC CANNED PUMPKIN 124566	036800185142
FOOD CLUB	Dietitian Top Pick	*Z*FC MLTI GRN WFFLS 941910	036800220812
FOOD CLUB	Dietitian Top Pick	*Z*FC BROCCOLI CUTS 940889	036800267350
FOOD CLUB	Dietitian Top Pick	FC PREM WHITE TUNA WTR	036800281271
FOOD CLUB	Dietitian Top Pick	*Z*FC TOASTED OATS CRL 310080	036800285941
FOOD CLUB	Dietitian Top Pick	*Z*FC SLCD CARROTS NS 81528	036800315174
FOOD CLUB	Dietitian Top Pick	*Z*FC INST BRWN RICE 461817	036800331754
FOOD CLUB	Dietitian Top Pick	*Z*FC UNSWT APLESCE PET 222009	036800362444
FOOD CLUB	Dietitian Top Pick	*Z*FC MUSTARD GREENS 80578	036800444140
FOOD CLUB	Dietitian Top Pick	*Z*FC TURNIP GREENS 80579	036800464148
FOOD CLUB	Dietitian Top Pick	*Z*FC POT INST MSHD 3190	036800515123
FOOD CLUB	Dietitian Top Pick	*Z*FC CAL STYLE VEG 940888	036800527997
FOOD CLUB	Dietitian Top Pick	*Z*FC VEG FLORENTINE 941188	036800528024
FOOD CLUB	Dietitian Top Pick	*Z*FC PINTO BEANS 2LB 449254	036800602120
FOOD CLUB	Dietitian Top Pick	*Z*FC NAVY BEANS 449227	036800611139
FOOD CLUB	Dietitian Top Pick	*Z*FC GRN SPLIT PEAS 449229	036800661134
FOOD CLUB	Dietitian Top Pick	*Z*FC KIDNEY BNS LT RED 449251	036800681156
FOOD CLUB	Dietitian Top Pick	*Z*FC LENTIL BEANS 449252	036800711143
FOOD CLUB	Dietitian Top Pick	*Z*FC CHPD SPINACH 941068	036800776128



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FOOD FOR LIFE	Dietitian Top Pick	TORT SPR CORN OG2 GF	073472003701
FRIGO	Dietitian Top Pick	FAT FREE RICOTTA CHEESE	041716200452
FRITO LAY	Dietitian Top Pick	ORIGINAL BEAN DIP	028400000789
FRITO LAY	Dietitian Top Pick	MULTI GRAIN SCOOPS	028400036337
FRITO LAY	Dietitian Top Pick	*Z*PP FL SUNCHIPS ORIGINAL	028400073578
FULL CIRCLE	Dietitian Top Pick	*D*FLC BEAN PINTO OG	036800046238
FULL CIRCLE	Dietitian Top Pick	*D*FLC SPAGHETTI WHOLE WHEAT OG	036800049802
FULL CIRCLE	Dietitian Top Pick	*D*FLC TOMATO CRUSHED W/HERB OG	036800056107
FULL CIRCLE	Dietitian Top Pick	*Z*FLC ORG FF MILK 695986	036800057340
FULL CIRCLE	Dietitian Top Pick	*D*FLC SALSA BLACK BEAN & CORN	036800151758
GANDYS	Dietitian Top Pick	SLIM & TRIM FAT FREE MILK, 1 GALLON	072650000907
GANDYS	Dietitian Top Pick	SLIM & TRIM FAT FREE MILK HALF GALLON	072650001188
GARDEN OF EATIN	Dietitian Top Pick	BLUE CORN CHIPS, SALTED	015839000015
GARDEN OF EATIN	Dietitian Top Pick	BLUE CORN CHIPS, LOW SODIUM	015839008219
GARDEN OF EATIN	Dietitian Top Pick	RED HOT BLUE CORN CHIPS	015839008233
GO RAW	Dietitian Top Pick	FLAX SNAX, SPICY	859888000363
GREEK GODS	Dietitian Top Pick	PLAIN FAT FREE YOGURT	078355540007
GREEK GODS	Dietitian Top Pick	PLAIN YOGURT NF	078355580003
GREEK GODS	Dietitian Top Pick	KEFIR CHEESE SPREAD, PLAIN LEBNI	078355590002
GREEN GIANT	Dietitian Top Pick	CORE POLY BROCCOLI CUTSW	020000273327
HEALTHY CHOICE	Dietitian Top Pick	MICROWAVABLE COUNTRY VEGETABLES	050100171711
HEALTHY CHOICE	Dietitian Top Pick	CHICKEN TORTILLA SOUP	050100453152
HEALTHY CHOICE	Dietitian Top Pick	LEMON PEPPER FISH	050100459871
HEALTHY CHOICE	Dietitian Top Pick	*Z*GRILLED CHICKEN MARIANARA	072655405035
HEALTHY CHOICE	Dietitian Top Pick	ROASTED CHICKEN & POTATOES	072655460034
HEALTHY HARVEST	Dietitian Top Pick	*Z*HEALTHY HARVEST ROTINI 442486	033400065003
HEALTHY HARVEST	Dietitian Top Pick	HEALTHY HARVEST ROTINI PASTA	033400065003
HEALTHY HARVEST	Dietitian Top Pick	WHOLE WHEAT SPAGHETTI	033400065027
HELL ON RED	Dietitian Top Pick	HOT PARTY DIP	039885000010
HELL ON RED	Dietitian Top Pick	MILD PARTY DIP	039885000027
HONEY BOY	Dietitian Top Pick	SALMON, SKINLESS & BONELESS	070490003058
HUNTS	Dietitian Top Pick	DCD BSL/GRL/ORG, NO SALT	027000378922
HUNTS	Dietitian Top Pick	WHOLE PEELED TOMATOES, NO SALT	027000380086
HUNTS	Dietitian Top Pick	TOMATO SAUCE, NO SALT	027000390078
HUNTS	Dietitian Top Pick	TRADITIONAL PASTA SAUCE	027000500064
HUNTS	Dietitian Top Pick	GARLIC & HERB PASTA SAUCE	027000500118
HUNTS	Dietitian Top Pick	PLAIN SPAGHETTI SAUCE	036200000502
JOE T GARCIA	Dietitian Top Pick	SALSA	026181102012
JUSTINS	Dietitian Top Pick	ALMOND BUTTER MAPLE SQUEZE SS	894455000209
KASHI	Dietitian Top Pick	PESTO PASTA PRIMAVERA	018627292906
KASHI	Dietitian Top Pick	MEDITERRANEAN PIZZA	018627329053
KASHI	Dietitian Top Pick	THIN CRUST ROASTED VEGETABLE PIZZA	018627373421
KASHI	Dietitian Top Pick	MUSHROOM TRIO SPINACH PZZA	018627373445
KASHI	Dietitian Top Pick	MAYAN HARVEST BAKE	018627441267
KASHI	Dietitian Top Pick	TLC 7 GRAIN PITA CRISPS WITH SEA SLT	018627491187
KASHI	Dietitian Top Pick	*Z*KASHI GO LEAN WAFFLES 929755	018627534198
KASHI	Dietitian Top Pick	TLC OTMEAL RAISIN FLAX CKY	018627620037
KASHI	Dietitian Top Pick	AUTUM WHEAT	018627703129
KASHI	Dietitian Top Pick	PROMISE CINNAMON HARVEST	018627703174
KASHI	Dietitian Top Pick	APPLE COBBLER SOFT N' CHEWY BARS, 5CT	018627758334
KASHI	Dietitian Top Pick	KASHI CO BAR GRAN HONEY ALM 6CT	018627030010
KASHI	Dietitian Top Pick	KASHI CO BAR GRAN PNUT BTR 6CT	018627030027
KASHI	Dietitian Top Pick	*Z*KASHI GO LEAN BBRY WAFFLES 929754	018627534228
KELLOGGS ALL BRAN	Dietitian Top Pick	*Z*KELLOGGS ALL BRAN CEREAL 323405	038000014116
KELLOGGS ALL BRAN	Dietitian Top Pick	ALL BRAN CEREAL	038000014116



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Brand Code	Heath Attribute	Product Name	Retail Upc
KELLOGGS SNACKS	Dietitian Top Pick	SPECIAL K CHIPS WITH SEA SALT	038000531262
KEMPS	Dietitian Top Pick	FAT FREE, NO SUGAR ADDED VANILLA YOGURT	041483018151
KIKKOMAN	Dietitian Top Pick	LESS SODIUM SOY SAUCE	041390001055
KIND BARS	Dietitian Top Pick	KIND PLUS CRANBERRY ALMOND	602652170119
KIND BARS	Dietitian Top Pick	KIND PLUS ALMOND CASHEW	602652170164
KIND BARS	Dietitian Top Pick	KIND PLUS BLUEBERRY & PECAN +FIBER	602652170195
KIND BARS	Dietitian Top Pick	KIND PLUS POMEGRANATE, BLUEBERRY & PISTACHIO	602652170218
KIND BARS	Dietitian Top Pick	KIND N&S MADAGASACR VANILLA ALMOND	602652176500
KIND BARS	Dietitian Top Pick	KIND N&S CASHEW & GINGER SPICE	602652176531
LACTAID	Dietitian Top Pick	NONFAT MILK	041383090431
LARABAR	Dietitian Top Pick	CHERRY PIE BAR	021908509242
LARABAR	Dietitian Top Pick	CASHEW COOKIE BAR	021908509259
LARABAR	Dietitian Top Pick	APPLE PIE BAR	021908509273
LEAN CUISINE	Dietitian Top Pick	CC ROASTED TURKEY & VEGGIES	013800045515
LEAN CUISINE	Dietitian Top Pick	CE BUTTERNUT SQUASH RAVIOLI	013800144065
LEAN CUISINE	Dietitian Top Pick	CC CLASSIC HERB ROASTED CHICKEN	013800166081
LEAN CUISINE	Dietitian Top Pick	CC SHRMP ANGEL HAIR PASTA	013800171320
LEAN CUISINE	Dietitian Top Pick	CC GRILLED CHICKEN	013800171344
LEAN CUISINE	Dietitian Top Pick	CE PARMESEAN CRUSTED FISH	013800446992
LEAN CUISINE	Dietitian Top Pick	CE SPA THAI NOODLES WITH CHICKEN	013800553324
LEAPING HORSE	Dietitian Top Pick	COUNTRY WILD RICE OG2	073416090101
LIBBYS	Dietitian Top Pick	PUMPKIN	039000045049
LIFEWAY	Dietitian Top Pick	KEFIR BIO 4PK DGSTN VAN	017077401357
MALT O MEAL	Dietitian Top Pick	ORIGINAL HOT CEREAL	042400001041
MALT O MEAL	Dietitian Top Pick	FROSTED MINI SPOONERS	042400025542
MARANATHA	Dietitian Top Pick	RAW ALMOND BUTTER	051651092180
MARIANA	Dietitian Top Pick	MIXED FRUIT	071022210005
MARIO BATALI	Dietitian Top Pick	TOMATOBASIL PASTA SAUCE	876045003005
MINUTE	Dietitian Top Pick	BROWN RICE	017400118457
MISSION	Dietitian Top Pick	WHITE CORN TORTILLAS, 30CT	073731060025
MISSION	Dietitian Top Pick	YELLOW CORN TORTILLAS, 30CT	073731063002
MORNINGSTAR	Dietitian Top Pick	BREAKFAST PATTIES	028989971401
MRS BAIRDS	Dietitian Top Pick	WHOLE WHEAT BREAD 100	070870000424
MRS BAIRDS	Dietitian Top Pick	SF 100% WHOLE WHEAT BREAD	070870000677
MUIR GLENN	Dietitian Top Pick	DIECED TOMATOES WITH NO SALT, ORGANIC	725342285617
MUIR GLENN	Dietitian Top Pick	TOMATO SAUCE WITH NO SALT, ORGANIC	725342285716
NABISCO	Dietitian Top Pick	BARNUM ANIMAL CRACKRS	044000007461
NABISCO	Dietitian Top Pick	BLUEBERRY & BROWN SUGR NEWTON FRUIT THINS	044000012625
NABISCO	Dietitian Top Pick	FIG & HONEY NEWTON FRUIT THINS	044000012632
NABISCO	Dietitian Top Pick	RASPBERRY & CHOCOLATE NEWTON FRUIT THINS	044000012649
NABISCO	Dietitian Top Pick	HONEY MAID ANGRY BIRD LUNCHBOX PACKS, 12CT	044000031312
NAKED	Dietitian Top Pick	NAKED RED MACHINE 15.2OZ	082592726155
NATURES OWN	Dietitian Top Pick	WHOLE GRAIN BREAD	072250025232
NATURES OWN	Dietitian Top Pick	DOUBLE FIBER BREAD	072250907958
NATURES OWN	Dietitian Top Pick	12 GRAIN BREAD	072250914826
NEWMANS	Dietitian Top Pick	MARINARA SAUCE	020662000200
NEWMANS	Dietitian Top Pick	RAISINS, 6PK MINI BOX	884284040156
OLD LONDON	Dietitian Top Pick	UNSALTED MELBA TOAST	070129290545
ON THE BORDER	Dietitian Top Pick	SOUTHWEST THINS	781138737081
OREGON	Dietitian Top Pick	CHERRY PIE	041345517181
OROWEAT	Dietitian Top Pick	100% WHOLE WHEAT BREAD, DOUBLE FIBER	073130000738
OROWEAT	Dietitian Top Pick	DOUBLE FIBER MUFFINS	073130000745
OROWEAT	Dietitian Top Pick	100% WHOLE WHEAT BUNS	073130000752
OROWEAT	Dietitian Top Pick	MULTI GRAIN SANDWICH THINS	073410135471
ORVILLE REDENBACHER	Dietitian Top Pick	POPCORN PLST	027000488058



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PARA POMI	Dietitian Top Pick	STRAINED TOMATOES	024321424208
PEPPERIDGE FARM	Dietitian Top Pick	100% WHOLE WHEAT MINI BAGELS	014100084938
PEPPERIDGE FARM	Dietitian Top Pick	WHOLE GRAIN 15 GRAIN	014100085980
PEPPERIDGE FARM	Dietitian Top Pick	WHOLE GRAIN HEARTY OATMEAL	014100088219
PEPPERIDGE FARM	Dietitian Top Pick	WHOLE GRAIN ANCIENT GRAINS	014100095378
PEPPERIDGE FARM	Dietitian Top Pick	GERMAN DARK BREAD	014100096962
PETER PAN	Dietitian Top Pick	REDUCED FAT CREAMY PEANUT BUTTER	045300005447
PHILIDELPHIA	Dietitian Top Pick	PHILLY FAT FREE CRM CHEESE	021000001545
PLANTERS	Dietitian Top Pick	*Z*NUTRITION HEART 7CT	029000015289
PLANTERS	Dietitian Top Pick	PLNTRS NTRTN HRT MX LT SLT	029000059573
POPSICLE	Dietitian Top Pick	SUGAR FREE TROPICAL POPSICLES	077567022882
POST SHRED WHEAT	Dietitian Top Pick	SPOON SIZE SHREDDED WHEAT	884912180506
PROGRESSO	Dietitian Top Pick	MINESTRONE SOUP	041196010121
PROGRESSO	Dietitian Top Pick	CLASSIC VEGETABLE LENTIL SOUP	041196010220
PROGRESSO	Dietitian Top Pick	LIGHT VEGETABLE BARLEY SOUP	041196404722
PROGRESSO	Dietitian Top Pick	LIGHT SOUTHWEST VEGETABLE SOUP	041196404739
PROGRESSO	Dietitian Top Pick	LIGHT VEGETABLE & NOODLE SOUP	041196404746
PROGRESSO	Dietitian Top Pick	LIGHT ITALIAN VEGETABLE SOUP	041196404753
PROGRESSO	Dietitian Top Pick	HIGH FIBER CREAMY TOMATO BASIL SOUP	041196419429
PROGRESSO	Dietitian Top Pick	LIGHT CHICKEN POT PIE SOUP	041196440829
PROMISE LAND	Dietitian Top Pick	FAT FREE MILK	763528304035
QUAKER	Dietitian Top Pick	SCOTCH BARLEY	030000072004
QUAKER	Dietitian Top Pick	WILD BLUEBERRY TRUE DELIGHT FIBER CRISPS	030000150269
QUAKER	Dietitian Top Pick	SALT FREE RICE CAKES	030000169025
RAGU	Dietitian Top Pick	SPAGHETTI SAUCE WITH MUSHROOMS	036200003503
SABRA	Dietitian Top Pick	CLASSIC HUMMUS	040822011143
SARA LEE	Dietitian Top Pick	NATURAL 100% MULTIGRAIN BREAD	072945601581
SARA LEE	Dietitian Top Pick	HEART HEALTHY 100% WHOLE WHEAT HAMBURGER BUNS, 8CT	072945601987
SARA LEE	Dietitian Top Pick	100% MULTIGRAIN LOW CARB BREAD	072945715882
SARA LEE	Dietitian Top Pick	HEART HEALTHY WHEAT BUNS, 8CT	072945751781
SARA LEE	Dietitian Top Pick	HEART HEALTHY WHEAT HOTDOG BUNS, 8CT	072945761797
SARGENTO	Dietitian Top Pick	BABY SWISS SLICED CHEESE	046100001646
SKINNY COW	Dietitian Top Pick	NO SUGAR ADDED VANILLA SANDWICHES	789785500027
SKINNY POP	Dietitian Top Pick	NATURAL POPCORN	850251004001
STARKIST	Dietitian Top Pick	SELECTS LSLF CHUNK WHITE	080000006806
STARKIST	Dietitian Top Pick	LOW SODIUM WTR PCH TUNA	080000505279
SUNBUTTER	Dietitian Top Pick	CREAMY SUNFLOWER SPREAD	737539191205
SUNSWEEP	Dietitian Top Pick	APRICOTS	070450071691
SUNSWEEP	Dietitian Top Pick	PRS FREE PRUNES	802763029904
TERRA CHIPS	Dietitian Top Pick	ORIGIANL SWEET POTATO CHIPS, NO SALT	728229345664
THOMAS	Dietitian Top Pick	100 CALORIE ENGLISH MUFFINS, 6CT	048121184711
THOMAS	Dietitian Top Pick	LT MULTIGRN ENGLISH MUFFINS, 6CT	048121276201
TILLAMOOK	Dietitian Top Pick	TILLAMOOK SWISS SLICES	072830008082
TRISCUITS	Dietitian Top Pick	REDUCED FAT TRISCUITS, LARGE BOX	044000000783
TRISCUITS	Dietitian Top Pick	CRACKED PEPPER & OLIVE OIL TRISCUITS	044000027971
TRISCUITS	Dietitian Top Pick	GARDEN HERB TRISCUITS	044000028015
TRISCUITS	Dietitian Top Pick	BROWN RICE, SWEET POTATO & SWEET ONION TRISCUITS	044000031596
TRISCUITS	Dietitian Top Pick	PARMESAN GARLIC TRISCUIT THIN CRISPS	044000032319
TRISCUITS	Dietitian Top Pick	BROWN RICE, RED BEAN & RED PEPPER TRISCUITS	044000032425
TROPICANA	Dietitian Top Pick	TROPICANA 50 CALCIUM SGL	048500019047
TROPICANA	Dietitian Top Pick	TROPICANA 50 ORANGE JUICE WITH CALCIUM	048500020159
UNCLE BENS	Dietitian Top Pick	WHOLE GRAIN BROWN RICE, BOIL N BAG	054800339051
V8	Dietitian Top Pick	LOW SALT VEGETABLE JUICE, 6PK	051000000675
V8	Dietitian Top Pick	LOW SODIUM PET	051000152787
V8	Dietitian Top Pick	HIGH FIBER VEGETABLE JUICE	051000178619



**DIETICIANS
TOP PICK**

**KEYS TO BETTER HEALTH
ATTRIBUTE SHOPPING LIST**

Brand Code	Heath Attribute	Product Name	Retail Upc
WEIGHT WATCHERS	Dietitian Top Pick	SO MARINARA ANGEL HAIR PASTA	025800020287
WEIGHT WATCHERS	Dietitian Top Pick	SO ORANGE SESAME CHICKEN	025800026302
WEIGHT WATCHERS	Dietitian Top Pick	SO CRB CHICKEN SANTA FE	025800029181
WEIGHT WATCHERS	Dietitian Top Pick	GIANT LATTE BAR	070640000784
WEIGHT WATCHERS	Dietitian Top Pick	SNACK SIZE CHOCOLATE FUDGE BARS	070640004737
WESTSOY	Dietitian Top Pick	WB WESTSOY UNSWEETENED	074873960150
WHEAT THINS	Dietitian Top Pick	WHEAT THINS WITH A HINT OF SALT	044000030384
WHEAT THINS	Dietitian Top Pick	VEGETABLE FIBER SELECT WHEAT THINS	044000030452
WHITE WAVE	Dietitian Top Pick	UNSWEETENED SILK SOY MILK	025293600898
WHOLLY GUACAMOLE	Dietitian Top Pick	CHUNKY AVOCADO, 8OZ	616112028551
WHOLLY GUACAMOLE	Dietitian Top Pick	SPICY GUACAMOLE MINIS, 8OZ	616112031513
WHOLLY GUACAMOLE	Dietitian Top Pick	RANCH GUACAMOLE MINIS, 8OZ	616112031520
WISHBONE	Dietitian Top Pick	*Z*WB JTG ITLN 180258	041000006722
WYMAN	Dietitian Top Pick	WILD BLUEBERRIES	079900001059
XOCHITL	Dietitian Top Pick	SALTED CORN CHIPS	854137000705
YOPLAIT	Dietitian Top Pick	LIGHT VERY VANILLA YOGURT	070470006437
YOPLAIT	Dietitian Top Pick	LIGHT PEACH YOGURT	070470006550
YOPLAIT	Dietitian Top Pick	LIGHT KEY LIME YOGURT	070470006659
YOPLAIT	Dietitian Top Pick	LIGHT WHITE CHOCOLATE & STRAWBERRY YOGURT	070470006680
YOPLAIT	Dietitian Top Pick	LIGHT BLACK FRST CAKE YOGURT	070470277424
YOPLAIT	Dietitian Top Pick	LIGHT RED VELVET YOGURT	070470420271
YOPLAIT	Dietitian Top Pick	100 CALORIE VANILLA GREEK YOGURT	070470433295
YOPLAIT	Dietitian Top Pick	100 CALORIE MIXED BERRY GREEK YOGURT	070470433318
YOPLAIT	Dietitian Top Pick	100 CALORIE STRAWBERRY GREEK YOGURT	070470433325
YOPLAIT	Dietitian Top Pick	100 CALORIE KEY LIME GREEK YOGURT	070470435480
	Dietitian Top Pick	EDEN PEAS BLACKEYED	024182002591
	Dietitian Top Pick	ORGANIC RAISINS, MINI PACK	032601050306
	Dietitian Top Pick	EB DRIED PLUMS, 6OZ	032601050627
	Dietitian Top Pick	BOB ORGANIC GOLD FLAXSEED MEAL	039978009401
	Dietitian Top Pick	UNCLE SAM CEREAL	041653456783
	Dietitian Top Pick	GLUTEN FREE CAFE VEGETABLE NOODLE SOUP	070795035624
	Dietitian Top Pick	FFL BRD EZEK 4:9 SPRT OG	073472001202
	Dietitian Top Pick	FFL GENESIS BREAD	073472001417
	Dietitian Top Pick	FFL BRD EZEK SPRT LS OG	073472001530
	Dietitian Top Pick	FF EZKL 4/9 GLDN FLAX CLR	073472002568
	Dietitian Top Pick	VEGGIE SHREDS CHED/PEPJACK	077172667720
	Dietitian Top Pick	LA TORTILLA LARGE WHEAT 8CT	078858520391
	Dietitian Top Pick	BC NF PLAIN	088194330608
	Dietitian Top Pick	VANS WAFFLE TSTR WW OG 6CT	089947302187
	Dietitian Top Pick	OV NF MILK ULTRA PASTRZED OG	093966516005
	Dietitian Top Pick	KIND NUT DELIGHT	602652170065
	Dietitian Top Pick	STAHLBUSH SWT POT DICED	638882125773
	Dietitian Top Pick	FLATOUT ITALIAN HERB WRAP	688339923209
	Dietitian Top Pick	FLATOUT FLATBRD MULTIGRN	688339923940
	Dietitian Top Pick	CRUNCHIES FREEZE DRIED TROP FRUIT	734020310114
	Dietitian Top Pick	HORIZON ORG HG FF MILK	742365264054
	Dietitian Top Pick	RAOS PASTA SC TOM BASIL	747479001052
	Dietitian Top Pick	RAINCST ALBACORE TUNA	810757000112
	Dietitian Top Pick	MICKEY MOUSE APPLE CRISPS	811387010274
	Dietitian Top Pick	DONALD DUCK PEAR CRISPS	811387010281
	Dietitian Top Pick	RHYTHM RAW KALE CHPS KOOL RANCH OG	829739000521
	Dietitian Top Pick	MARYS CRCKR BLACK PEPPR	897580000151

